# Identify the Establishment, Maintaining, Restoring (EMR) Phase with Students

**Directions**: List your class roster and identify which phase in the relationship you are in with each student if that relationship becomes challenging. Use the results to direct and guide your interactions and intentional relational practices with these students. Write down ONLY the names of your most challenging students as interventions are needed.

| **Student Name** | **Establishment Phase** | **Maintaining Phase** | **Restoring Phase** |
| --- | --- | --- | --- |
| [enter student name] | [yes/no] | [yes/no] | [yes/no] |
| [enter student name] | [yes/no] | [yes/no] | [yes/no] |
| [enter student name] | [yes/no] | [yes/no] | [yes/no] |
| [enter student name] | [yes/no] | [yes/no] | [yes/no] |
| [enter student name] | [yes/no] | [yes/no] | [yes/no] |
| [enter student name] | [yes/no] | [yes/no] | [yes/no] |
| [enter student name] | [yes/no] | [yes/no] | [yes/no] |
| [enter student name] | [yes/no] | [yes/no] | [yes/no] |
| [enter student name] | [yes/no] | [yes/no] | [yes/no] |
| [enter student name] | [yes/no] | [yes/no] | [yes/no] |

*Developed using Cook, C., Coco, S. (in press). Cultivating Positive Teacher-Student Relationships: Evaluation of the Establish, Maintain, and Restore (EMR) Method.*