

Anxious Behaviors

Brief Behavior Rating Progress Monitoring Scale

Student Name: _____ Rater Name: _____ Date: _____

Circle: Baseline Phase (Tier 1) OR Intervention Phase (Tier 2 or Tier 3)

DIRECTIONS:

- **BASELINE PHASE RATINGS:** Ratings completed during the Baseline Phase are intended to reflect the student's behavior in the *absence* of an intervention. Simply reflect on the student's behavior as best as you can and circle the response that most accurately captures the frequency of the student's behavior as it relates to each item. Baseline ratings are important to evaluate the student's response to an intervention.
- **INTERVENTION PHASE RATINGS:** Your ratings during this phase are intended to reflect the student's behavior since the intervention was implemented. It is important to not let the student's past behaviors or reputation prior to the intervention being implemented influence your ratings. Each rating you completed is intended to represent the ***student's behavior during the period of time from last rating to this rating.***

ITEMS	Never	Rarely	Sometimes	Often	Almost Always
Appeared stressed about academic work	0	1	2	3	4
Reluctant to engage in social activities	0	1	2	3	4
Refrained from speaking in class	0	1	2	3	4
Said he or she was sick and/or hurt	0	1	2	3	4
Was sensitive to criticism	0	1	2	3	4
Seemed nervous or timid when in the presence of peers	0	1	2	3	4
Excessively worried about academic performance	0	1	2	3	4

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