

SCHOOL NAME: \_\_\_\_\_

# Self-Monitoring Chart

Student Name: \_\_\_\_\_

Date: \_\_\_\_\_

Teacher Name: \_\_\_\_\_

Classroom Rules	Morning				Afternoon			
Stayed in seat	1	2	3	4	1	2	3	4
Raised hand to ask question or get out of seat	1	2	3	4	1	2	3	4
Followed teacher directions	1	2	3	4	1	2	3	4
Respected fellow students	1	2	3	4	1	2	3	4
Worked on class assignments	1	2	3	4	1	2	3	4

### Rating Scale – Circle a number.

1 = Needs Improvement   2 = Barely OK   3 = Average   4 = Great

If the teacher agrees with the student rating, put a line across the circled rating.



If the teacher does not agree with the student rating, put an "X" in the circle.



Comments:


**Self-Monitoring Form**  
10-minute intervals

Student: \_\_\_\_\_ Date: \_\_\_\_\_

Behavior: \_\_\_\_\_

	+ or -	Comments*		+ or -	Comments*		+ or -	Comments*
8:00-8:09			11:10-11:19			2:20-2:29		
8:10-8:19			11:20-11:29			2:30-2:49		
8:20-8:29			11:30-11:49			2:50-2:59		
8:30-8:49			11:50-11:59			3:00-3:09		
8:50-8:59			12:00-12:09			3:10-3:19		
9:00-9:09			12:10-12:19			3:20-3:29		
9:10-9:19			12:20-12:29					
9:20-9:29			12:30-12:49					
9:30-9:49			12:50-12:59					
9:50-9:59			1:00-1:09					
10:00-10:09			1:10-1:19					
10:10-10:19			1:20-1:29					
10:20-10:29			1:30-1:49					
10:30-10:49			1:50-1:59					
10:50-10:59			2:00-2:09					
11:00-11:09			2:10-2:19					

Figure 4

## Self Monitoring Chart

<b>Monitoring Compliance</b>		
Student's Name:		Date:
School:		
Times/Periods	Did you <b>do your work</b> and <b>do what the teacher asked?</b>	Did you <b>fail to do your work</b> and <b>do what the teacher asked?</b>
1	YES	YES
2	YES	YES
3	YES	YES
4	YES	YES
5	YES	YES
<p><b>RULES:</b> 1) After every period look back and monitor your behavior during that period and circle the YES that best represents how your behavior was during class.                      2) Put the chart back in the folder.                      3) Repeat the same thing after the next period.                      4) Make sure you are being honest.</p>		
1		



Figure 3

SCHOOL NAME: \_\_\_\_\_

<b>Self-Monitoring Chart</b>								
Student Name: _____					Date: _____			
Teacher Name: _____								
Classroom Rules	Morning				Afternoon			
Stayed in seat	1	2	3	4	1	2	3	4
Raised hand to ask question or get out of seat	1	2	3	4	1	2	3	4
Followed teacher directions	1	2	3	4	1	2	3	4
Respected fellow students	1	2	3	4	1	2	3	4
Worked on class assignments	1	2	3	4	1	2	3	4
<p align="center"><b>Rating Scale – Circle a number.</b>            1 = Needs Improvement   2 = Barely OK   3 = Average   4 = Great</p>								
If the teacher agrees with the student rating, put a line across the circled rating.								
If the teacher does not agree with the student rating, put an "X" in the circle.								
Comments:								

**Student:**

**Teacher:**

**Date:**

**Expected Behaviors**

1.

2.

3.

**Monitor Your Behavior**

Put an "O" if you were doing what you were supposed to for the entire interval

Put an "I" if you were quiet but weren't doing your work for part of the interval

Put an "X" if you were talking or out of your seat for part of the interval

**Remember to be honest!**

1

2

3

4

5

6

7

8

9

10

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