## Behavior Plan Progress Monitoring – Goals Worksheet

<table>
<thead>
<tr>
<th>Goal(s) for Monitoring an Increase In General Positive Behavior</th>
<th>By when?</th>
<th>Who?</th>
<th>Will do what?</th>
<th>Under what Conditions?</th>
<th>At what level of proficiency?</th>
<th>As measured by whom, and how measured?</th>
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<tr>
<th>Goal(s) for Monitoring Reducing/ Eliminating Problem Behavior</th>
<th>By when?</th>
<th>Who?</th>
<th>Will do what?</th>
<th>Under what Conditions?</th>
<th>At what level of proficiency?</th>
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Notes on Line 13:
### Components to Evaluate

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<th>J. PROGRESS MONITORING, ELEMENT ONE:</th>
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**GOALS AND OBJECTIVES**

Every goal requires six components to enable adequate progress monitoring. Components can be in any order & grids & tables are acceptable. FERB goals minimally have six parts as well. However, a FERB goal must also show a clear connection to how this behavioral goal achieves similar functional outcomes to the problem behavior under similar conditions. A nine component format can be used to clearly identify that the FERB is addressed. (See example & key concepts columns.)

To be observable & measurable, the goal description must clearly state what the behavior looks like with no ambiguity on what is to be measured.

To effectively measure progress on improving behavior, in addition to a FERB goal, one or more additional goals for either reduction in problem behavior and/or increase in general positive behaviors should be developed by the team.

**Scoring**

- **2 =** One FERB goal, using 6 or 9 component format that clearly represents a FERB, that is not simply a general positive behavior.
  
  **Key Concept:** Progress monitoring of the FERB is critical and requires all components to be an example of full adequacy.

- **1 =** One complete monitoring goal, either "increase general positive behavior", or "decrease problem behavior goal" is present. AND a FERB is targeted in the BSP to be specifically taught, though no complete FERB goal is present for monitoring.

  **Key Concept:** Progress monitoring capability is essential for at least one goal and presence of FERB is minimally required to be a partial example adequacy.

- **0 =** No complete goals of any type.

  **Key Concept:** Progress monitoring capability is not adequately present.

**Scoring for more than one behavior on the plan?**

- **Multiple behaviors, different functions:** There must be a FERB goal for each behavior for a score of two.
- **Multiple behaviors, same function:** One complete FERB goal required for a score of two.

### Examples:

**All examples below relate to the same student and same behavior**

**Key Concepts**

**Six required components for goals-in any order:**

1. **By when?** (final date to achieve desired results)
2. **Who?** (the student)
3. **Will do or not do what?** (must be observable, measurable, specific behaviors desired, or not desired by team)
4. **Under what conditions/situations?** (e.g., location, circumstances, presence or absence of certain people or materials)
5. **At what level of proficiency?** (e.g., skill accuracy, frequency-number of times in a time period, degree of prompting, duration-number of minutes, intensity)
6. **How measured and by whom?** (e.g., observation, data recording: event or duration recording, permanent product, momentary time sampling; measured by a specific person)

A Sample FERB goal format to make behavioral functional equivalency readily apparent (note capitals):

1. **By when?** (the FERB) 6. **FOR WHAT HYPOTHESESIZED PURPOSE OR FUNCTION?**

3. **INSTEAD OF WHAT PROBLEM BEHAVIOR?**
4. **WHAT HYPOTHESESIZED PURPOSE OR FUNCTION?** (Repeat the hypothesized function here to make the functional relationship clear.)
5. **WILL DO WHAT?** (the FERB)
6. **FOR WHAT HYPOTHESESIZED PURPOSE OR FUNCTION?** (Repeat the hypothesized function here to make the functional relationship clear.)

7. **Under what conditions/situations?**
8. **At what level of proficiency?**
9. **How measured and by whom?**

Note: A FERB may have only 6 parts if analysis demonstrates the desired behavior IS a FERB.