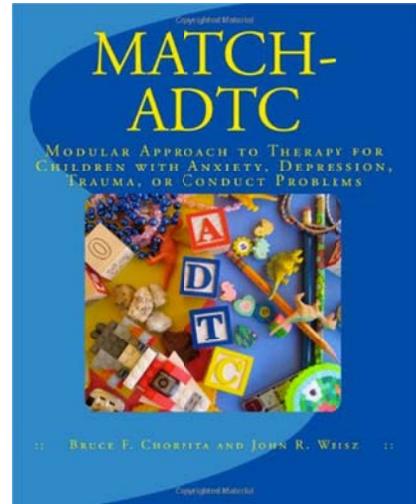


Practicewise and MATCH-ADTC Protocol

The Modular Approach to Therapy for Children with Anxiety, Depression, Trauma or Conduct Problems (MATCH) is designed for children ages 6-15 years. Unlike most evidence-based treatments, which focus on single disorder categories (e.g. anxiety only), MATCH is designed for multiple disorders and problems encompassing anxiety, depression, trauma, and disruptive conduct, including the conduct anger problems and symptoms ADHD.

MATCH is composed of 33 cognitive-behavioral evidence-based modules, or specific treatment procedures derived from decades of research. These modules can be organized and sequenced flexibly to tailor treatment to each child's characteristics and needs. In addition, MATCH can move easily from a focus on one disorder area to another (e.g. shift from anxiety to depression) if the child's presentation should change during treatment.



MATCH includes comprehensive flowcharts guide the process of care, streamlining treatment to fit the child's needs while fostering individualization to address comorbidity or therapeutic roadblocks. The system provides clear step-by-step instructions, activities, example scripts, time-saving tips, monitoring forms, and easy-to-read explanatory handouts and worksheets for children and their caregivers.

MATCH-ADTC is available in two formats:

- o Practicewise.com -- an online, interactive format (including electronic access to all modules, reproducible handouts and worksheets, a downloadable PDF of the complete manual, and Spanish handouts for caregivers) for \$75.00
- o Or, as a [paperback book](#) for \$99.00

