

Terminology: Seclusion

"Seclusion" typically means some form of isolation, usually involving the involuntary placement of an individual in a locked room or secured area from which s/he is physically prevented from leaving.

Sometimes called "Seclusion Timeout"

Terminology: Restraint

Generally means some method of restricting another's freedom of movement.

Three Types of Restraint Procedures:

- Mechanical
 - wheel chair, gait belt
- Physical
 - Body or body parts
- Chemical
 - Medication, sprays

Adapted from Power Point presentation Preventing Restraint and Seclusion
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